

Community & Social Supports

A sense of belonging and connection is essential to our well-being. Services or activities that unite people through shared goals or interests, provide systems navigation, and offer wrap-around support, help ensure that everyone can fully participate and feel valued in their community.

\$705,985

was invested into community & social supports.

87,316*

Individuals received assistance through community & social support programs.



United Way focuses on:

- Systems navigation
- Culturally informed services/support
- Settlement services
- Formal/ informal wrap-around services
- Cultural festivals/community gatherings
- Restorative justice
- Community centres
 - Providing space for individuals to connect
- Land based healing/education
- Social enterprise projects
- Provision of social opportunities

Funded Partners



“Funding from the United Way has been crucial in sustaining two of Camino’s most underfunded, but needed, programs: counselling and community neighbourhood work. These services have become increasingly important as many individuals and families continue to face challenges related to stress, housing, and food security, which have a significant impact on mental health and wellbeing.”

- Camino Wellbeing + Mental Health



What we know



In Waterloo Region, an estimated **142,000 people live with a disability**. A significant number and their families struggle in silence, are overlooked, and underserved.



21% felt isolated from others in the community (down 10% from 31% in 2021). Related findings included higher social isolation linked to digital media use.

Outcomes



“In the last year, more than **2,300 people** received accessible, inclusive, barrier-free services in our clinic.”



- Managed 7,794 unique client appointments
- Served 2,368 men, women and children
- Hosted almost 100 refugee hearings from our office.
- Celebrated 233 people receiving a positive decision on their refugee claim and are now living life beyond refuge