



Hate, Gender-based & Family Violence

Safety & wellbeing is often taken as a given but for many it is not.

Safety and wellbeing is as much a basic need as shelter or food. Give to programs and services like safe spaces & warm meals for families escaping domestic violence, refugee and immigration supports, supports for survivors of sexual assault, culturally sensitive family and child counselling.



More than **4 in 10 women** & **3 in 10 men** have reported experiencing some form of psychological, physical, or sexual violence by an intimate partner in their lifetime.

83% of currently/recently unhoused women in Waterloo Region have stayed in a housing situation that is abusive or violent because it felt safer than being homeless.



Project Willow - Interview Participant #6

"You do not know how much actual physical, emotional and financial trauma that each one of us have gone through before we've even been able to have the strength and the courage to walk through these doors. Okay, because unless you've been through it yourself, then you don't know it."



Local Solutions

Thanks to your support, United Way WRC was able to provide funding to the following organizations, that list 'Hate, Gender-based & Family Violence' as their main cause area over the past 12 months.

Programs Changing Lives

- Services and support for those experiencing gender-based or family violence
- First Nations, Metis and Indigenous services and support
- Intervenor Services in Waterloo Region, providing specialized communications services and supports



Women's Crisis Services
OF WATERLOO REGION



1. Statistics Canada (<https://www150.statcan.gc.ca/n1/daily-quotidien/210426/dq210426b-eng.htm>)

2. YWCA Project Willow Report: <https://ywcacambridge.ca/project-willow-research-findings>