

# Annual Report **2022-2023**

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# CEO & Board Chair Message

Earlier this year we asked our funded partners, "Where would you be without United Way?". The feedback we received shared a very clear message - without United Way, our community would be in rough shape.

Like the 77 local non-profits we supported with funding in 2022, we became more adaptive and resilient through pandemic recovery and the economic challenges that came with it, as we continue to work to find equitable and sustainable systems and solutions for solving the complex social problems of our Region.

As we look into the future, we need to ask even more from our community. Community needs continue to grow and outweigh what we are currently able to provide based on the dollars raised. We have observed that more individuals and families are accessing United Way funded programs than ever before – unfortunately with no end in sight to the needs.

The premise that started over 100 years ago with the first United Federations remains true today: when a large group of people all give a little, the results are monumental.

Thank you so much for everyone's continued support of our work over the recent years.

We are so grateful for our volunteers. This includes our Board members, and their commitment to guiding our organization, and our Campaign Cabinet of Community Champions. We are honoured to work with such caring individuals. Thank you to our dedicated Community Investment Team who helps us review applications and supports the challenging work of allocating funds to our Community. Thank you to all the incredible community support volunteers who never shy away from giving their time and talent.

Each individual involved plays a crucial role and we thank you for placing your trust in United Way.

Without you, there is no way.

All the best,



Joan S. Fisk

Joan S. Fisk
Chief Executive Officer



# What Drives Our Work

A Unifying Force of Philanthropy.



#### **Vision**

For everyone in our community to have opportunities to reach their full potential.



#### **Mission**

To empower everyone to improve lives and build strong communities.



## **Values**

- ◆Trust Integrity Respect Inclusivity
- Accountability

## WHY United Way?

United Way Waterloo Region Communities brings people together to understand community need and facilitate a wraparound approach to solving complex social issues.

#### **OUR VOLUNTEERS**

# **Board of Directors**

The governance of United Way Waterloo Region Communities is entrusted to a Board of Directors made up entirely of volunteers. These dedicated individuals are called upon to invest their energies at a professional and time-intensive level. Their devoted commitment to United Way, as well as to the planning and well-being of our community, is a gift for which we are profoundly thankful. We extend our sincere gratitude to our Board of Directors for another year of exemplary service.



Karen Wilkinson, Board Chair President, Karen Wilkinson Professional Corporation



**Neena Gupta**Partner, Gowling WLG



Heidi Sevcik, (Retired) President & CEO, Gore Mutual Insurance Company



**Jason Daly**Senior Financial
Services Executive



Rebecca Tascona Head, B2C Platforms Strategy & Operations North American Personal, Business Banking & Wealth BMO Financial Group



**Donald Paddock**Finance Director,
DuPont Canada



**Ken Seiling** (Retired) Regional Chair



**Kim Welch** (Retired) Director Resource Management, PwC Canada



**Alexandrea Sheehan** Technical Accounting Manager, Intersect Power



Lara Swift (Retired) Senior Director, Partnerships and Technology, Blackline Safety



Jeff Pelich
President, Elementary
Teachers Federation
of Ontario (Waterloo
Region)



**Katherine Metcalfe** Legal Councel, Shopify

#### **OUR VOLUNTEERS**

# Campaign Cabinet

Our Campaign Cabinet consists of executive leaders from a variety of industries and sectors across the Waterloo Region. By providing their tremendous leadership, time, and commitment, their expertise and knowledge help us strategize and attain our goals – both financially and socially – the Campaign Cabinet is crucial to the success of the annual fundraising campaign. Every year, this hugely talented and influential group generously gives their time to help us raise millions of dollars to improve social services for those in need and strengthen our local communities across Waterloo Region.



Sandi Young
Cabinet Chair
VP Human Resources,
Clarion Medical
Technologies



**Chris Hewitt**Chief Marketing
Officer, Sun Life
Financial



**Tonya Bickford**Director and
Assistant Market
Leader, BMO Private
Wealth



**Shawkey Fahel**Founder and
President, J.G. Group



David Farhood Manager, Cash Management, TD Commercial Banking



Jennette Van der Laan Branch Manager and Recruiter at RBC



**Bob Kalbfleisch** President, R.S. (Bob), Kalbfleisch Consulting Services Inc.



**Rob Connell** Partner, KPMG



**Laura Galbraith**Director of
Community Impact,
Vidyard



Tony La Mantia
President and CEO,
Waterloo Region
Economic
Development
Corporation



**Derek Kidnie**Vice-President
Administration,
Toyota Motor
Manufacturing
Canada Inc.



Kim Bellisimo Commissioner, Human Resources and Citizen Service, Region of Waterloo



Jon Shilling Branch Manager, Scotiabank



Yogesh Shah
Deputy City
Manager,
City of Cambridge



**Alikhan Popat**Founder & President of Football for the World Foundation

## WE ♥ VOLUNTEERS

# Volunteer of the Year





Congratulations and thank you to Lynn Hall, our 2022 Volunteer of the Year recipient. Lynn has been involved in leading TMMC's local United Way workplace campaign since the mid 2000s. In this role, she has worked directly with the United Way teams in both Waterloo Region Communities and Oxford County, coordinating one of the largest workplace campaigns in both communities every year.

Every year, TMMC's United Way campaigns engage 1,000s of team members at all levels across three plants complete with Kick Off events, presentations, Seeing is Believing Tours, Days of Caring, and a variety of special events – from car shows to raffles and everything in between.

While taking on this key role within TMMC Lynn has also provided her time to support United Way over the years as a volunteer on the Campaign Cabinet and Community Investment Team as well as providing advice and support whenever asked.

Lynn is a passionate community advocate and strong ambassador for the United Way and the impact the organization has in our community. Thank you and Congratulations Lynn.



# Campaign For A Cause



Where It's Needed Most: Giving to the Community Impact Fund allows the Community Investment Team to direct funding, with a lens of equity and inclusion, to the programs they deem most critical.



**Affordable Housing & Homelessness:** Critical emergency shelters, street level outreach, supportive and transitional housing, and reducing evictions.



**Food Insecurity:** Emergency food, access to fresh, healthy food, after school, weekend and summer school food supports, community meals, and food preparation programs.



**Mental Health & Addictions:** Specialized supports addressing trauma, one to one counselling, group counselling, culturally appropriate counselling, addiction treatment, and education.



**Children & Youth:** Overall health and wellbeing of our community's young people through counselling, mentorship, tutoring, leadership, and volunteer opportunities.



**Literacy, Employment Skills & Assistive Devices:** Basic life skills, literacy and numeracy skill building, homework help, tutoring and family supports for newcomers, technological skills and providing assistive devices for people living with disabilities.



**Hate, Gender-Based & Family Violence:** Support for victims of violence, crime, and discrimination with awareness building and community education.



**Leadership, Volunteerism & Capacity Building:** Leadership skill development, support for volunteerism, organization capacity development, and collaboration between service providers.



**Community & Social Supports:** Reduce isolation and loneliness through programs like neighbourhood community development, senior supports, and removing barriers to participate in community.



**Innovation & Systems Change:** Problem solving through technology, building capacity, and actualizing new programs and partnerships to create better opportunities to move our community forward.

# **Impact Report**

WITHOUT YOU, THERE IS NO WAY.

\$2,884,332 invested

into 228 community grants,

helping a total of 232,090

individuals and families across Waterloo Region

# 100% LOCAL, ALWAYS



#### Your Dollars at Work



\$659,000 6,884 people served

Affordable Housing & Homelessness



**\$465,500** 33,488 people served

**Children & Youth** 



**\$496,500** 15,331 people served

Mental Health & Addictions



**\$127,000** 18,009 people served

**Food Insecurity** 



**\$140,347** 1,179 people served

Literacy, Employment Skills & Assistive Devices



**\$240,485**11,275 people

Leadership, Volunteerism & Capacity Building



**\$468,000** 27,348 people helped

Community & Social Supports



**\$252,500** 21,936 people helped

Hate, Gender-based & Family Violence



**\$35,000** 1,508 people helped

Innovation & Systems Change

# What Does Impact Look Like?

#### **FUNDED PARTNER STORIES**

After being injured in an auto accident, Susan was not able to continue working as a chef. She came to The Literacy Group with the goal of attending Conestoga College to retrain for work in social services, but she first needed to brush up on her reading and math skills. She has been working with a tutor since September 2022, overcoming many obstacles along the way. We were thrilled to learn recently that she has been accepted into the college program she applied for and she will begin her studies in the fall. After an accident and 20 years from education, Susan is a perfect example of how adults needs place like TLG to update at their own pace. United Way funds allow us to serve people like Susan, who would otherwise have nowhere to learn.





United Way Waterloo Region Communities has been a long-standing and critical partner in Community Support Connections providing much-needed services to our community. Without that funding, it is doubtful we would have been able to continue to provide the services at the level and timeliness we did. In the areas of Grocery Shops and Transportation, a wait list would have had to be implemented with some services even scaled back/reduced.

Our organization has been thankful to see increased investment from the United Way in fiscal year 2022-2023. This allowed us to reduce our waitlist from 6 to 3 months, maintain our addictions staffing, and keep doing the important work we are doing.

PORCHLIGHT

Without United Way funding, we would not have the adequate staffing resources to support those who are experiencing the trauma of homelessness alongside their acute health issues.

Friendship

# How we are making a difference

Your donation supports charities, non-profits, networks and programs that are working on the front lines and behind the scenes to change lives in our community.



# Collaborating with Networks to Address Systemic Issues

Proud to work with:









# Funding Local Services

United Way WRC funded 80 local nonprofits in 2022

Supporting our community

Helping People Access support



Empowering
People to
Make a Difference

600

Hygiene, COVID & Creativity Kits



# Responding to Crisis

- Waterloo Region Relief
   Fund: Supporting
   newcomers and refugees
- Holiday Giving Initiative:
   Housing & Homelessness

Providing for Those in Need

150 Coats 170 Toys

from our

**Christmas Drive** 

Total Volunteer Hours **2,100 HOURS** 

# **Granting & Funds**

Thanks to our donors and community collaboration, we've made an incredible impact.

\$2,884,332

INVESTED INTO THE COMMUNITY

80

COMMUNITY PARTNERS FUNDED



**\$659,000** Invested into

### **Affordable Housing & Homelessness**

A home provides the foundation for individual health and wellbeing and is the launching pad for positive social interactions and being engaged in your community. No one can reach their goals without safe, appropriate housing.





















**\$127,000** Invested into

### **Food Insecurity**

Not having enough healthy food to eat on a regular basis can have detrimental effects on your life as well as your ability to function at your best. Give to provide supports like emergency food, increasing access to fresh and healthy food, and food preparation programs.

2022 Funded Partners













**\$465,500** Invested into

#### **Children & Youth**

Donations support mental health, physical safety, and overall health and wellbeing of our community's children and youth through programs like age specific counselling, mentorship programs, after school and weekend food, homework help and tutoring, bullying prevention, community center spaces, and leadership and volunteer opportunities.

#### 2022 Funded Partners



























Highland Stirling Community Group (HSCG)





**\$140,347** Invested into

# Literacy, Employment Skills & Assistive Devices

Not everyone has access to the opportunities that build critical life skills (like basic literacy, numeracy, and computer skills) or the assistive technology needed to be able to participate. These skills and devices are critical to being able to find and maintain meaningful employment.

#### 2022 Funded Partners

















**\$496,500** Invested into

#### **Mental Health & Addictions**

United Way WRC funding ensures that individuals and families who need support, like counselling or crisis referrals, receive it. It also helps address wait lists that have become much longer in recent years, so that those who need the support can get it in a timely manner.























### **\$468,000** Invested into

### **Community & Social Supports**

A lack of opportunities for connection affects our ability to maintain a strong support system and can diminish our quality of life. Donations support opportunities for people to reduce isolation and loneliness through programs and services like neighbourhood community development, volunteering, and senior supports.

#### 2022 Funded Partners



































**\$35,000** Invested into

### Innovation & Systems Change

Innovation and Systems Change creates better opportunities to solve problems through investing in cutting edge technology, building workplace capacity, and bringing new programs and partnerships to life.







2022 Funded Partners

### **\$240,485** Invested into

# Leadership, Volunteerism & Capacity Building

A healthy, vibrant community depends on building strong leaders and a robust network of services and supports. Giving ensures that we build the capabilities of our leaders, including young people, and those who have been marginalized; support volunteerism; and build capacity and resiliency in our local non-profit sector.

























**\$252,500** Invested into

### Hate, Gender-based & Family Violence

Safety and wellbeing is as much a basic need as shelter or food. Give to programs and services like safe spaces and warm meals for families escaping domestic violence, refugee and immigration supports, supports for survivors of sexual assault, culturally sensitive family and child counselling.









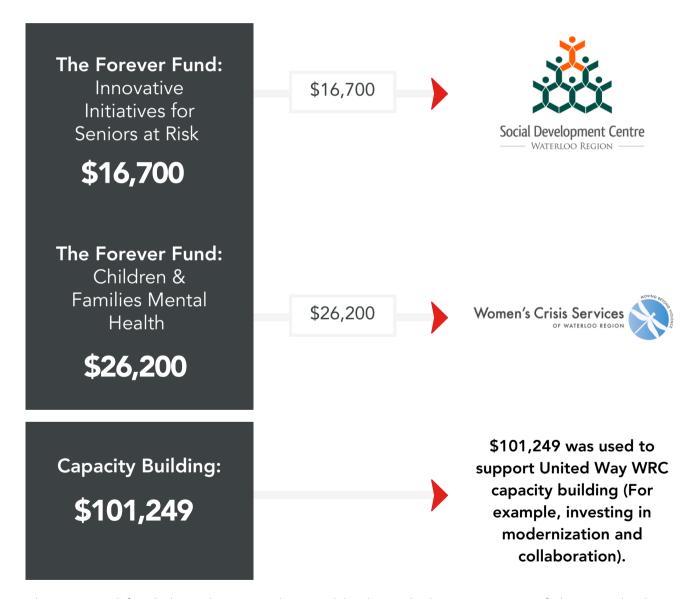
## **Local Funded Partners**

- 211
- · A Better Tent City
- · Adventure4Change
- Anishnabeg Outreach Employment and Training
- · Argus Residence for Young People
- Bereaved Families of Ontario Midwestern Region
- Big Brothers Big Sisters of Waterloo Region
- · Brain Injury Association Waterloo-Wellington
- · Bridges to Belonging
- · Bring on the Sunshine
- Cambridge Food Bank
- · Cambridge Shelter Corporation
- Camino Wellbeing + Mental Health (formerly: Carizon Family and Community Services; KW Counselling & Monica Place)
- Canadian Arab Women's Association
- · Canadian Aweil Youth Association
- · Canadian Hearing Services
- · Capacity Canada
- Child Witness Centre of Waterloo Region
- Children & Youth Planning Table
- CNIB Foundation
- · Coalition of Muslim Women of KW
- Community Care Concepts of Woolwich, Wellesley and Wilmot Townships
- Community Justice Initiatives of Waterloo Region
- · Community Kitchen Cooperative KW Inc.
- Community Support Connections
- COMPASS Refugee Centre
- · COPE Kids
- Crow Shield Lodge
- DeafBlind Ontario Foundation
- Focus for Ethnic Women, Waterloo Region Inc.
- · Food4Kids Waterloo Region
- Greenway-Chaplin Community Centre
- Highland Stirling Community Group (HSCG)
- · House of Friendship
- Immigration Partnership
- Independent Living Waterloo Region
- Interfaith Community Counselling Centre
- John Howard Society of Waterloo-Wellington
- · Kinbridge Community Association
- Kind Minds Family Wellness

- · Kitchener-Waterloo Access-Ability
- Kitchener-Waterloo Extend-A-Family Association
- · Kitchener-Waterloo Multicultural Centre
- Langs
- · March of Dimes Canada
- Muslim Social Services Waterloo Region
- · Nutrition for Learning
- oneROOF
- · Peace for All Canada
- Porchlight Counselling & Addictions Services (formerly: Family Counselling Centre of Cambridge and North Dumfries)
- · Preston Heights Community Group
- · Reception House Waterloo Region
- Resiliency Project (hosted by Family and Children's Services of Waterloo Region Foundation)
- Sanguen Health Centre Foundation
- · Services and Housing In the Province (SHIP)
- Sexual Assault Support Centre of Waterloo Region
- Shalom Counselling Services
- SHORE Centre
- Smart Waterloo Region Innovation Lab
- · Social Development Centre Waterloo Region
- Social Venture Partners
- Somali Canadian Association of Waterloo Region
- SPECTRUM: Waterloo Region's Rainbow Community Space
- Strong Start Charitable Organization
- Supportive Housing of Waterloo (SHOW)
- The AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA)
- The Healing of the Seven Generations
- The Literacy Group of Waterloo Region
- · The Working Centre
- United for Literacy
- · Volunteer Waterloo Region
- · Wellbeing Waterloo Region
- Wilmot Family Resource Centre Inc.
- · Women's Crisis Services of Waterloo Region
- · Woolwich Community Health Centre
- · Woolwich Counselling Centre
- · YMCA of Three Rivers
- YW Kitchener Waterloo
- YWCA of Cambridge

# **Endowment Funds**

United Way WRC has established endowment funds with the Waterloo Region Community Foundation. Endowment funds provide a consistent revenue source because the original gift is never spent - it remains intact as a legacy forever, a reminder of your gift to the community. Annually United Way WRC invests the disbursements from each fund to align with the intent of that fund.



These crucial funds have been made possible through the generosity of donors who have established an enduring legacy through United Way. If you'd like to learn more about how you can contribute to the ongoing health of our community through a legacy gift please contact us.

# **Endowment Funds**

The Tomorrow Fund was established to serve the needs of the Cambridge and North Dumfries communities. Currently the fund addresses emerging or long-term community needs through new or innovative programs or initiatives that address capacity building and long-term sustainability.





























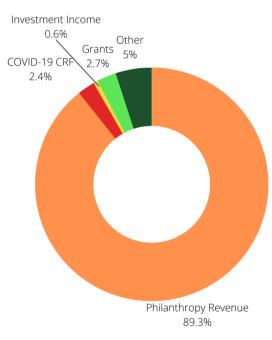
#### FINANCIAL OVERVIEW

# Where Support Comes from

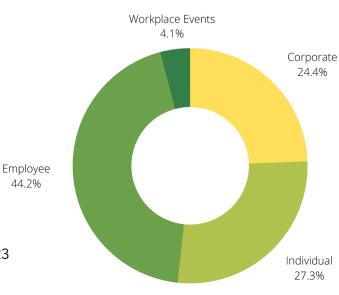
#### **Total Revenue**

Philanthropy Revenue Streams	\$4,823,001
COVID-19 Community Response Fund	\$127,212
Investment Income	\$34,656
Grants	\$144,149
Government Subsidies	\$4,187
Other	\$266,266
Total Revenue	\$5,399,471

# Total revenue by Percentage



#### Philanthropy Revenue Streams



Reporting based on fiscal year ending March 31, 2023

#### FINANCIAL OVERVIEW

# Where The Money Was Spent

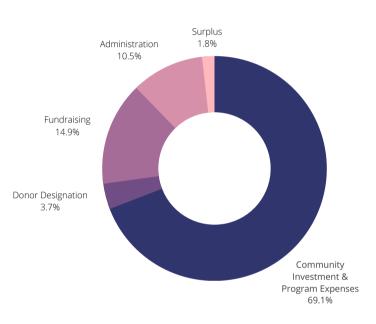
#### **Expenditures**

-	
Community Investment & Program Expenses	\$3,732,713
Donor Designations	\$199,389
Fundraising	\$804,346
Administration	\$566,960
Surplus	\$96,063
Total Expenditures	\$5,399,471

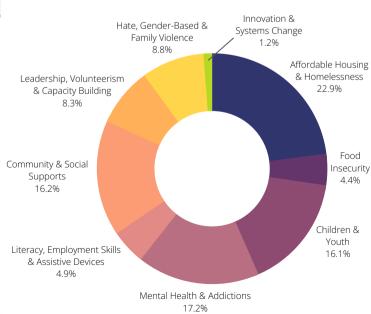
View United Way WRC's 2022-2023 audited financial statements: www.uwaywrc.ca/about-us/operations/finances/

View United Way WRC's CRA Charity Profile.

#### Your Dollars at Work



#### Impact of Your Support



Reporting based on fiscal year ending March 31, 2023

#### WITHOUT YOU, THERE IS NO WAY.

# **Honour Roll**

United Way sincerely thanks every donor, no matter what the size of the gift. We use this report as an opportunity to extend a special thank you to the donors that give at a major level and to encourage others who are able to give as generously.

# Philanthropists' Circle - \$25,000+

- Anonymous (4)
- Bob and Judy Astley
- The Bertrand Family
- Bryan Dare and Malkin Howes-Dare
- Dr. Stephen and Mrs. Nancy Garrett
- Tom and Kathy Hallman
- Dr. William Rickert
- Karen Wilkinson

# Platinum \$10,000 - \$24,999

- Anonymous (1)
- Dian and John Bell
- Dave Bennett
- The Estate of Helen Benninger
- John and Susan Bowey
- Daisy Chaplin
- The Griffin Family
- Werner Hohn
- Fabien Jeudy
- Hartman and Brenda Krug
- Terry and Barra Lalande

- Mary and Brian Law
- Ray and Wendy Miske
- Larry and Debra Murray Fund
- Gary and Sue Parker
- Joan and David Petras
- Rebecca Tascona
- Greg and Marie Voisin
- Waterloo Region Community Foundation
  - McMurtry Family Fund
- Mike Williams and Emily Layng
- Elva Zehr

Donations made through third party processors do not always provide us with donor information.

If your name is missing please reach out to us at 519-888-6100 or info@uwaywrc.ca

<sup>\*</sup>Honour Roll reporting based upon calendar year 2022

## Gold \$5,000 - \$9,999

- Robert and Gale Blackburn Charitable Fund
- Doug and Cindy Brooks
- Michael Doughty
- Janice and Robert Deganis
- Joan and Brian Fisk
- Carol Glass and Martyn Harvey
- Neena Gupta and Brad Svorkdal
- Waterloo Region Community Foundation - The Jim and Sue Hallman Family Fund
- Joe and Lesley Henein
- Geoffrey William Johnson Gift Fund
- Howard and Sandra Jones
- Mary Kelly

- Dr. Gary Keyes
- Barry and Rosa Lehmann and the Lehmann's Charitable Account
- Gordon MacKay
- Tom Norton
- Michael and Sharon O'Neill
- Douglas and Sandra Peers
- Mario Piccinin
- Ian and Jo Ann Richardson
- Rowan Saunders
- Anne and Gord Savage
- Warren Sinclair and Colleen Sinclair
- Chris Sponder
- Rachel Thiessen
- Greg and Cindy Weiler
- Rita Westbrook

# Silver \$2,500 - \$4,999

- Anonymous (13)
- Allan and Deborah Asmussen
- Carmen and James Austin Backer
- Jonathan and Robin Backer
- Christy Baker
- Mary Bales
- Phil and Janet Bauer
- Karen and Gregory Bell
- Tonya Bickford
- Robert and Judith Blowes
- Sharon Brown

- Susan Cadell and Didier Thevenard
- Stuart Clark
- Anthony and Lee Anne Clarke
- Robert and Susan Connell
- Cameron Conn-Grant
- Tara Conway
- Robert Correll
- David DeVidi and Jane Forgay
- Sheryl Doyon
- Paul and Kim Duxbury
- Rudy Eikelboom
- David Farhood

<sup>\*</sup>Honour Roll reporting based upon calendar year 2022

# Silver \$2,500 - \$4,999 (continued)

- Mark Feeney
- Blair Fingland
- · Michelle and Pat Fisher
- Mr. Keith Francis
- Jeff Fray
- · Brian and Lily Freiburger
- · Sandra and Arthur Groff
- GF Huddleston
- Bob and Pat Johnson
- Dr. and Mrs. James M. Kavanagh
- Brennan Kennedy
- John Kirby
- Mary Kuntz
- Scott and Jackie Leger
- Sarah Lichti
- Robert and Nancy Mann
- Steve and Pat Manske
- Don and Lucy Marskell
- Thomas D. Mitchell
- · John Neil
- Pfeifer Family

- Ingrid Pregel
- Amit Punchhi
- Ms. Alice Raynard
- Sue Reibel
- Toomas Reikman
- · Ric Hewson and Dorothee Retterath
- Tim and Carrie Rickert
- Tim and Leanne Rollins
- Ken Salem
- Kathryn and Ken Seiling
- Marie-Josee Sheppard
- James M. Skidmore
- Tim and Teresa Sothern
- Al Taylor
- Chris Van Kooten
- Alannah Virtanen
- John A. Walker
- James and Trish Weber
- Scott and Sandy Willcox
- William Wilson

## Bronze \$1,200 - \$2,499

- Anonymous (85)
- James Abbott
- · Michael Alkier
- Jamie Allman
- Tim and Karen Anderson
- Kelly Anthony and Joel Dubin
- Susan Anzolin
- Suman and Derek Armitage

- Armstrong Gates Family
- Allison Arnold
- Marc Avaria
- Cynthia Bacchus
- Naideen and Neil Bailey
- Brice and Karen Balmer
- Victor Barq
- Bill and Jo Barr

<sup>\*</sup>Honour Roll reporting based upon calendar year 2022

- Douglas Bates
- Betty Bax
- · Wilfred and Joan Baxter
- Dr. Prabhu Benjamin
- Lance Bennett
- Bergey/ Ristau Family
- Todd Bissett
- Rick and Susan Black
- Marianne Blasman
- Michael Borkovich
- Alan Bowler
- Sonia and Greig Boyle
- Kenneth Brace
- Natalie Brady
- Bonnie and Peter Bremner
- Eric Buller
- Joel Campagna
- Margaret Campbell-Boyle
- Allison Cann
- D. Carberry
- Anandi Carroll-Woolery
- Jennifer and Kevin Casey
- Jordan Charbonneau
- Rita and Ron Cherkewski
- James and Tara Chmiel
- Jennifer Clapp
- Mr. John Cleminson
- Maureen Clottey
- Bill Conway
- Joan Coutu
- Larry Cox
- Trisha Crawley
- Pamela Cromie

- Ted Cross
- Mark Crowell
- Katelyn Culliton
- Norman and Patricia Damaren
- Richard A. Daugherty
- Doug and Louise Dawdy
- · Scott and Janet Dawe
- Ken Denholm
- · John DeLellis
- Shaun Devine
- Aurora Di Pasquale
- Abdullatif Elbaf
- Lesley Elliott
- Marianne and Jim Erb
- Aaron Esposito
- Mark and Sandra Ewald
- Judith Falbo
- Eugene and Lesley Fenton
- Jerry and Marg Finnen
- Deborah Fitz Randolph
- Bette and Gary Flaxbard
- Stacey Fletcher
- Jim and Linda Foley
- Lorie and Brad Freund
- Alexandra Fry
- Paul and Liz Fryer
- Tom Galloway
- Fred and Mary Ann Gaskin
- Elizabeth and Don Gayman
- Keith and Debbie Geddes
- · Danielle Glendinning
- · Sue Gmitro
- Vivek Goel

<sup>\*</sup>Honour Roll reporting based upon calendar year 2022

- Raymond Ross and Rona Goldensher
- Ken Gregory
- Jordan Grensewhich
- · Sheri Griffiths
- Karen Grogan
- Chris Grogan and Sharon Byers
- M. Jane Hale-McDonald
- Feridun and Catherine Hamdullahpur
- Jan Hanson
- Mary Hardy
- Gordon Harris
- Lucia Harrison
- · Steve and Patti Haskell
- Eric Helleiner
- Jacqueline Hewson
- Jason Higgins
- Angela Hinchberger
- Alison Hitchens
- Eric Hodgins
- · Betty Hooper
- Kristin Hopper
- Brent and Andrea Horst
- Bob and Janice Howison
- Sarah Hughes
- Cheryl Huggill and Harry Kozak
- Carol Hulls
- Sean Hummel
- Thomas Hunter and Dr. Laura Shoemaker
- Daniel Hurley
- Ken Ingram
- Teresa Jackowski
- Shamir and Pia Jamal
- Susan Jantzi

- Kathryn and David John
- Lara Johnston
- Barbara Jonas
- Laura Joudrie
- Shawn Kauth
- Lisa Keeping
- Sandra and John Kendall
- Dan Keon
- Melanie Kliska
- Cameron Kozlowski
- Bryce and Kelly Kraeker
- Corrine Krauss
- · Tanja Kristic
- Stephanie Krug
- · Tony La Mantia
- Sofie Lachapelle and Ariane Lachapelle
- Jaymee Leigh Lake
- Kevin Lambert and Dr. Lynda Benedet
- Steve Lambert
- Sharon and Stuart Lamont
- James Landon
- William Langdown
- Brian Laube
- Robert Lawton
- Conrad Ledrew
- Linda Lee
- Rev. Robert and Mrs. Emily Leland
- Jim Lewis
- Choui Lim
- W.K. Liu
- Barb Loveys
- Greg and Casey Logel
- Sean Patrick Lorentz
- Laura Lucchetti

<sup>\*</sup>Honour Roll reporting based upon calendar year 2022

- · Deborah and Bill MacLatchy
- Karen and Dave Maidment
- Ms. Catherine Malone
- Paul J. Martinello
- Jimmy Martinez
- Manuel A. Martins Professional Corp.
- Dr. Jeffrey G. Matyas
- Greg and BJ McCauley
- Ronald McDermid
- Norma McDonald Ewing
- Scott and Dianne McGaire
- Randy and Marianne McGlynn
- Anders and Anjanette McKenzie
- Don McKinnon
- Quentin McLeod
- Dr. Norah McRae
- Mr. and Mrs. Richard and Susan Meertens
- Gary V. Melanson
- Amanda Melnick
- Rodrigo Mendes
- Wilfred and Ruth Meston
- Ms. Angela Miller
- Ian Milligan
- Barbara Moffatt
- Bruno Montminy
- Paul Morris
- Kevin and Elaine Mullan
- Penelope Muncaster
- Sally Murdock
- Wanda and David Murison
- Al Na
- Chris and Jack Nanson
- Paul Neomytka

- · John and Yvonne Newbery
- Ron and Janet Nicholson
- Ms. Rachael Simone Noye
- Adebayo Osobukola
- Peter Oswald
- Nicola Parker-Smith
- Allan Pasquini
- Thomas Pellegrini
- Nela Petkovic
- · Robert and Gail Pettitt
- Carl Piellusch
- Nancy Priest
- Caron Prosser
- Diane Provencher
- Elaine and Kevin Read
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