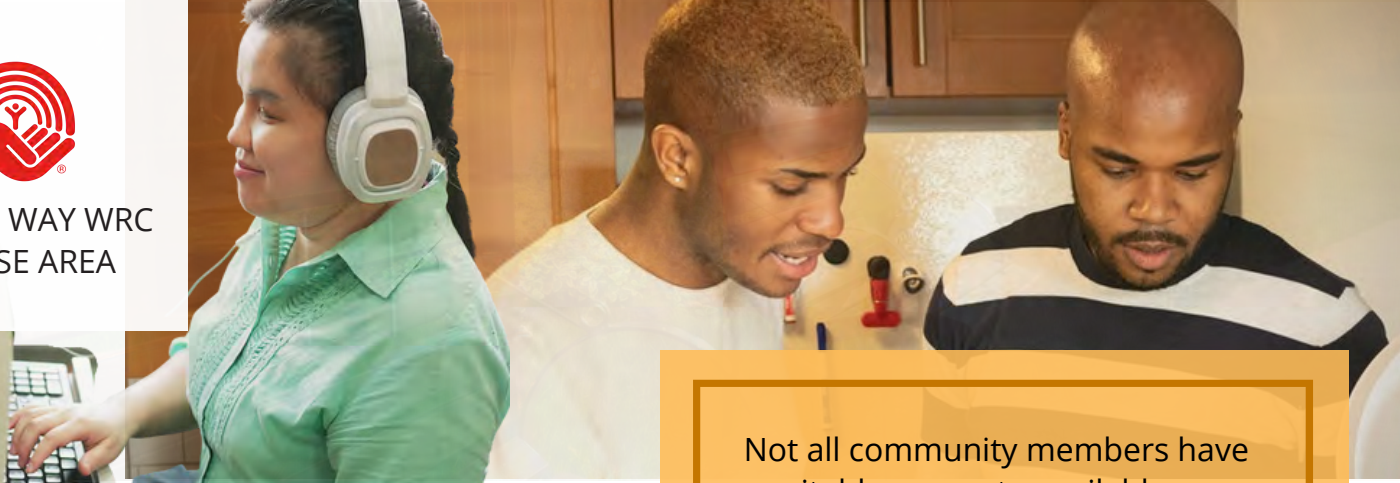




UNITED WAY WRC  
CAUSE AREA



## Advancing Equity

Supporting people where they're at requires a diverse range of services. There is no "one size fits all" solution.

Not all community members have equitable access to available opportunities. This can be because of language, available resources, experiences with systemic racism and historical trauma, homophobia & transphobia, ableism, and other factors.

According to the 2016 census,

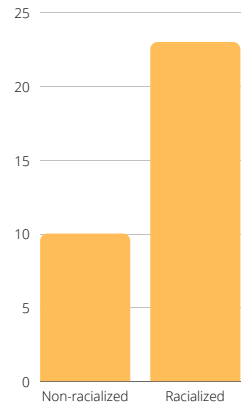
**52.2% of children in foster care**

under age 14 are indigenous.<sup>1</sup>



## Poverty rates

are more than twice as high for racialized individuals versus non-racialized (23% vs 10%)<sup>2</sup>



### Meet Farah



In the Canadian Arab Women's Association Mother to Mother program, expecting Arab women in the community can find belonging through meeting with each other and experts to learn about caring for a child in Ontario. Farah is a mother of multiple children, and she recently had another baby. This was her first child to be born in Canada, away from the familiar supports and care from her family and community, and she struggles with English. She shared with the outreach worker, that she was experiencing regular panic attacks after the birth of her baby. The outreach worker helped her access local supports and followed up with her regularly. Farah was also connected to a psychologist to help her develop coping skills and who encouraged her to reach out to her community. Farah reports that she is doing better now and her panic attacks have decreased. The Mother to Mother program was an important/critical support to her on this new journey.



## Local Solutions

Thanks to your support, here are a few of the frontline organizations that United Way WRC funded in 2021-2022 to advance equity locally.



**Programs Changing Lives** 

- Grassroots neighborhood development programs
- Culturally appropriate food and family supports, mental health services
- Changes to service delivery to ensure accessibility for oppressed groups
- Client advocacy/capacity building to support accessing other services or supports



1(Understanding Systems: The 2021 report of the National Advisory Council on Poverty, Employment and Social Development Canada)

2(as of the 2016 census Original source, Census of Canada quoted from <https://www.kwcf.ca/news/vital-signs-app1>)

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there is no way.

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**United Way**  
Waterloo Region  
Communities